

WHO WE ARE

Our publicly-funded Child and Youth Mental Health teams provide a range of assessment and treatment options for children, youth (0-18 years) and their families.

Our programs are designed to support children and youth who are experiencing significant difficulties related to their thoughts, feelings and behaviours.

WHAT WE DO

OUR SERVICES INCLUDE:

- ✓ *Intake and referral*
- ✓ *Consultations*
- ✓ *Various assessments*
- ✓ *Individual treatment*
- ✓ *Family treatment*
- ✓ *Group treatment*
- ✓ *Parenting programs*
- ✓ *Educations events*
- ✓ *Community planning*

CONCERNS MOST COMMONLY ADDRESSED BY OUR CENTRES:

- ✓ *Feelings of anxiety*
- ✓ *Low or cycling moods*
- ✓ *Experiences of trauma*
- ✓ *Behaviour difficulties*
- ✓ *Suicidal thinking*

HOW IT WORKS

Children, youth and families can begin a referral by attending the CYMH intake clinic for a screening interview. This initial meeting will typically be 30-90 minutes in length.

Upon completion of this interview, a CYMH clinician will provide you with information and details on the next steps in the process.

In the Squamish area, the intake clinic is provided each week. No appointment is necessary. Please refer to the back pages of this pamphlet for details.

FOR YOUR FIRST VISIT

No appointments are required for first-time visitors – simply walk-in during the hours listed on this pamphlet. Please note that there may be a short wait for your interview as the intake clinic is for drop-ins only. Priority may also be given to individuals who are in urgent need.

Parents/caregivers are encouraged to only bring the child/youth who is seeking services with them to the intake clinic, as child-minding is not provided on-site.

Older children and youth are encouraged to attend the intake clinic with their families. Youth do have the option of attending the clinic on their own as a private self-referral.

INTAKE CLINIC TIMES AND LOCATIONS

Location: 1100 Hunter Place
(behind Nester's Market)

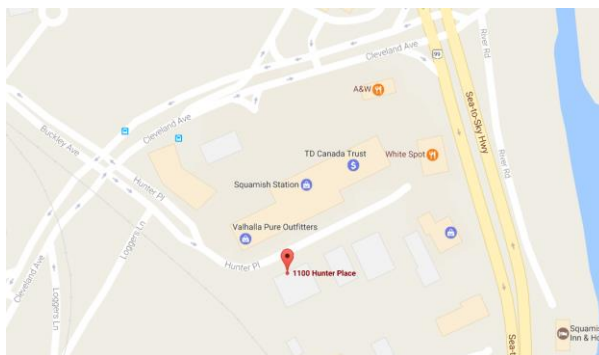
Day: Tuesdays from 9am to 11:30am

Day: Wednesdays from 1pm to 3:30pm

Phone: 604.892.1400

Please call if you have any questions or are in urgent need of service.

**In case of an emergency after hours,
please visit your local hospital or call 9-1-1.**



Child and Youth Mental Health Intake Clinics for Families in Squamish

**(from Furry Creek to Paradise
Valley/Upper Squamish)**

Provided by the
Ministry of Children
and Family Development