



All services are FREE and delivered by Child and Youth Mental Health clinicians (CYMH), Ministry of Children and Family Development and community partners in Squamish. If you have specialized questions or comments please contact CYMH team leader.

10-week parent education series (evening): CONNECT PARENT GROUP

Delivered spring/fall.

An attachment-based program for caregivers of teens (12-18).

To understand behaviour from a different perspective, to develop awareness of relationship issues and patterns, and to learn new skills and consider new options for parenting.

8-week parent education series (daytime): CIRCLE OF SECURITY PARENTING SERIES

Delivered spring/fall.

An attachment-based program for caregivers of young children (0 to 6).

To improve confidence in parenting skills, to better understand and respond to your child's needs.

4-week parent education series (daytime): ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)

Delivered several times/year.

A caregiver education series covering behavioural interventions, parent training, medication, social & school supports, and resources.

Education talk (evening): ANXIETY AND YOUR CHILD

Delivered – upon request.

A talk for caregivers delivered at elementary schools-upon request.

8 week in-school series for youth (daytime): COPING SKILLS TRAINING GROUP

Delivered at middle and secondary school - upon request.

CALL TO BE WAITLISTED 604.892.1400 for group programs

Attend CYMH walk in clinic for other services

-see attached brochure for times/location



**Ministry of
Children and Family
Development**

Coast North Shore
Child & Youth Mental
Health

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